

- high energy    more "go"    quick    tendency to run

mild    moderate    extreme

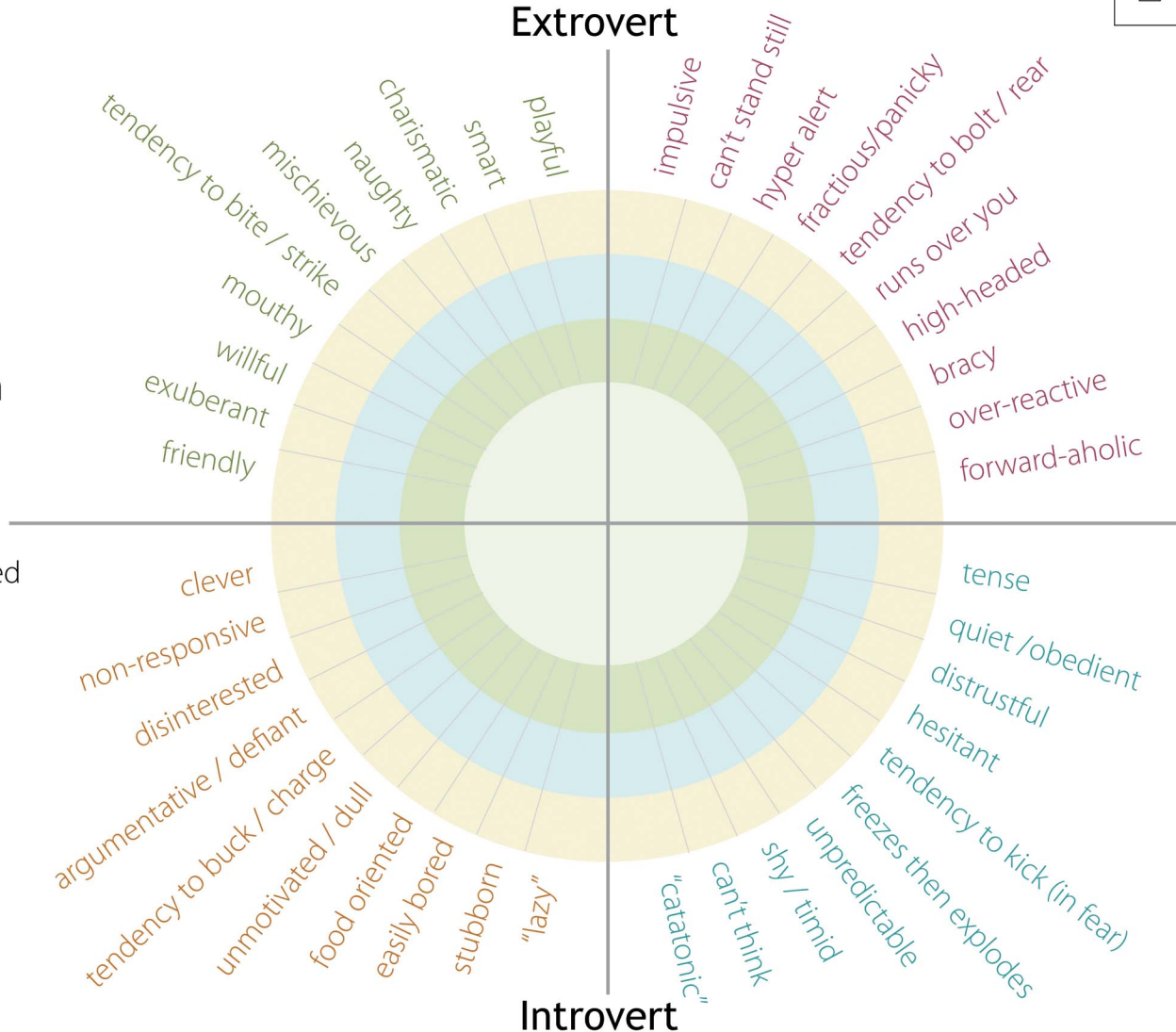
**LB  
EXTROVERT**



**Left Brain**

- dominant
- pushy
- tolerant
- unconcerned
- confident
- curious

**LB  
INTROVERT**



- low energy    more "whoa"    slow    tendency to stop

**RB  
EXTROVERT**



**Right Brain**

- fearful/nervous
- defensive
- reactive
- emotional
- unconfident
- spooky

**RB  
INTROVERT**

